



# Enablement

## An exciting Training opportunity

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### **Introduction of the organisation**

Enablement Nepal is a non-profit organisation registered in Nepal in 2014. Enablement Nepal delivered over the past few years several training programmes in the area of Community Based Rehabilitation (CBR), and Community Based Inclusive Development (CBID). Besides, it had implemented a series of trainings with the financial support of NUFFIC - a Dutch organisation - related to rights of persons with disabilities including access to justice and inclusive education. The scope of work of Enablement Nepal is capacity development, human resource development, research and monitoring and evaluation in Nepal and in the Asia-Pacific region. The Enablement Nepal's team consists of well-known experts in disability and development in Nepal. It is affiliated with Enablement Netherlands which provides technical backup for training, research and development.



### **Introduction of training**

Enablement-Nepal, together with Enablement Ltd., based in the Netherlands now offer a training in interventions for persons with Cerebral Palsy in Kathmandu, Nepal. We are pleased to announce this training which will be delivered by highly experienced trainers.



# Functional ways of working with children with cerebral palsy in low-resource settings

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This is a 6-day international onsite training given by highly experienced trainers in CBR/CBID as well as pediatric rehabilitation and is including 2 days of fieldwork. Besides, prior to the training 2 online 3-hour sessions will take place and after the training 4 online sessions of each 3 hours will be organized to coach and support participants in their actions plans. Among 4 sessions two of these sessions will be master classes or advanced learning of the subject.

### Objectives of the training:

- Participants are equipped with sustainable, holistic and functional ways of handling the needs of children with Cerebral Palsy and their caregivers/families;
- As a result of the new competencies participants can optimally equip and support frontline rehabilitation workers to provide basic interventions confidently, addressing the person's and family's individual needs; and
- Ultimately the quality of life of children with Cerebral Palsy and their parents is improved.

### Target group:

Participants are therapists, experienced community workers, health workers, developmental workers who wish to improve their skills to supporting children with cerebral palsy and their families.

### Course content:

- Roles and responsibilities of professional rehabilitation staff; of rehabilitation frontline workers of parents of children with Cerebral Palsy
- **A holistic view to life skills and participation through tools based on the International Classification of Functioning, Disability and Health (ICF) and its implication for choice with regard to interventions**
- **Impact of early identification and early intervention for children (at risk of) with cerebral palsy**
- Functional rehabilitation: **needs-based interventions and shared decision making; focusing on life skills and participation**
- Barriers to wellbeing (internal and external barriers) - Quality of life as outcome measure of our interventions
- The Rehabilitation Cycle including attention for the STEP logbook: a logbook with special attention to the Rehabilitation Problem Solving Form
- The RehApp; a smartphone application
- Monitoring Progress
- Timely referral and management of Epilepsy
- Coaching and Counselling the child and parents/caregivers
- Child protection/safeguarding
- Use of appropriate Assistive Technology and Educational Toys
- Fieldwork. Fieldwork will be combined with reflection sessions
- Post training actions and assignments



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### Course package:

- An e-learning package of 2 sessions which should be followed prior to the training.
- All trainings and courses will be held in or close to Kathmandu. All training will be a mix of theoretical training, practical assignments and field work.
- Post training online coaching sessions focusing on the development of action plans by a team from Enablement-Nepal and Enablement Ltd.
- Training box with a course manual, additional resources such as hand-outs, flashcards, tip-sheets, USB-stick with all course contents.

### Trainers:

- Zelalem Demeke, BSc PT and MSc OT, Ethiopian country representative Cerebral Palsy Africa
- Roelie Wolting, CBR/CBID trainer and Paediatric physiotherapist

### Costs:

- Nepali nationals: NRs. 68,000 (all-in but excluding personal transport)
- International participants: US\$ 1200 (all-in excluding international travel)

## For more information, please contact:

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### ENABLEMENT NEPAL

+977-01-4002553

enablementnepal@gmail.com

www.enablement-nepal.com

Sabitri Dahal

sabitri10@gmail.com

+977-98-41769186



### ENABLEMENT LTD

Netherlands

+31-172-499940

info@enablement.nl

www.enablement.eu

Huib Cornielje

h.cornielje@enablement.nl

Please send your letter of interest to the above email address to receive a training needs analysis form and to get registered for this training course.

Course venue: Self-help Group for Cerebral Palsy, Dhapakhel, Kathmandu  
(<https://www.cpnepal.org/about.html>)

Dates: 31st July, to the 5th of August 2023